Obstetrics & Gynecology Residents

Meet the current residents in obstetrics and gynecology at NYU Grossman Long Island School of Medicine.
Aliyah Ali, MD

Hometown: San Antonio, Texas
Medical school: UT Health San Antonio
Areas of interest: Minimally invasive gynecologic surgery, contraception and family planning, and pediatric and adolescent gynecology
Hobbies: Cooking, traveling, Pilates and yoga, weight training, and amateur DJ
Why I chose NYU Langone: The passion for women’s health, the support of my fellow residents, and the family feel among everyone we work with!

Joanna Clough, MD

Hometown: Pelham, New York
Medical school: NYIT College of Osteopathic Medicine
Areas of interest: Psychosocial aspects of obstetrics and office and medical education
Hobbies: Travel, beach days, eating tasty food, and of course spending times with my family, friends, and dog
Why I chose NYU Langone: Community—NYU Long Island School of Medicine is much more than a place of work. I can walk out of the door of my house and be in the hospital or at a dear friend’s or colleague’s house in minutes!

Emile Redwood, MD

Hometown: Boulder, Colorado, and Buffalo, New York
Medical school: Stony Brook Univerity School of Medicine
Areas of interest: Urogynecology, American College of Obstetricians and Gynecologists, transgender health, disparities in medicine, and waste and reuse in hospital systems
Hobbies: Camping; hiking; cookouts; refinishing axes, tools, and furniture; and reading
Why I chose NYU Langone: We get to have it all here—close-knit family of residents, academic institution, big gynecology and obstetrics volume, and diverse community population!
Taylor Sommers, MD

**Hometown:** West Islip, New York  
**Medical school:** Drexel University  
**Areas of interest:** General obstetrics and gynecology, hospitalist, and reproductive rights  
**Hobbies:** Hanging at the beach; hiking; playing with my goldendoodle, Kona; and traveling  
**Why I chose NYU Langone:** The family feel! There is never-ending support from co-residents, nursing staff, and attendings. I also wanted to train at an institution close to home (and the beach!).

Elisabeth Sulger, MD

**Hometown:** Woodbury, New York  
**Medical school:** SUNY Upstate Medical University  
**Areas of interest:** Family planning, American College of Obstetricians and Gynecologists involvement, diversity and inclusion, and resident wellness and education  
**Hobbies:** Traveling, hiking, community-shared agriculture, cross stitching, graphic design, and ice cream making  
**Why I chose NYU Langone:** The never-ending support! We are all a big family and want to see each other succeed. From day one of first year, everyone is welcoming and makes the transition into residency as smooth as possible. From attendings and co-residents to nurses and scrub techs (and everyone in between), I know I always have someone to turn to for mentorship, life advice, dinner dates, cat sitting, and more!
Tudi-Max Brown-Thomas, MD

Hometown: Hempstead, New York
Medical school: New York Medical College
Areas of interest: Health disparities and cultural competence in medical care
Hobbies: Dance and choreography (I have been trained in tap, ballet, jazz, hip-hop, African, and Caribbean dance styles since the age of 4), DIY projects (lately I’ve been redesigning my apartment, my latest project was my dining room table), game nights (one of my favorite games to play is Resistance), traveling, and trying new restaurants

Why I chose NYU Langone: I grew up on Long Island, and I knew that I wanted to be close to family and friends during residency. My family lives about 15 minutes away from the hospital, so it’s very easy to see them whenever I want. Also, the residents were very friendly and welcoming.

Tal Cantor, MD

Hometown: Montréal, Canada
Medical school: Technion American Medical School
Areas of interest: Gynecologic oncology, social determinants of health, healthcare policy, and reform
Hobbies: Exploring independent coffee shops, planning themed birthday parties, spending time with family, and collecting ceramic coffee mugs

Why I chose NYU Langone: After interviewing with this program, I knew I wanted to be part of the school’s obgyn family; I could not picture myself at any other program. The residents are truly supportive of one another and make the long hours worth it! The program has access to all subspecialties and encourages us to explore our research and clinical interests from intern year and beyond. This program trains residents to have a strong clinical and surgical background and to be ready for life after residency.

Samantha Hill, MD

Hometown: Greenwich, Connecticut
Medical school: University of Connecticut, School of Medicine
Areas of interest: Family planning and medical education
Hobbies: Swimming, hiking, and traveling

Why I chose NYU Langone: The residents and faculty in this program are incredibly supportive of academic and career goals, patient care, and personal wellness. The curriculum is also well-rounded and evolves yearly based on resident feedback to provide the best possible and current medical education. The proximity to JFK and LGA airports is also an added bonus for traveling and vacationing!
Veronica Kim, MD

**Hometown:** East Brunswick, New Jersey  
**Medical school:** Rutgers Robert Wood Johnson Medical School  
**Areas of interest:** Minimally invasive gynecological surgery, family planning, general obstetrics and gynecology  
**Hobbies:** Frequenting my local Trader Joe’s, exploring new bars and restaurants, plants, reading, painting, and DIY projects  
**Why I chose NYU Langone:** The passionate and supportive residents and staff!

Mariam Wanees, MD

**Hometown:** Queens, New York  
**Medical school:** Sidney Kimmel Medical College at Thomas Jefferson University  
**Areas of interest:** Global health, physician wellness, obstetrics, and open surgery  
**Hobbies:** Dancing, exercising, hanging out with my nieces and nephews, family game night, meditating and journaling, vegging out on the beach, hiking, Netflix binging, unplugging, and red wine drinking  
**Why I chose NYU Langone:** At the risk of sounding too cliché—the people of course! Throughout the entire interview season, I remember reaching out to current residents who spent time on the phone with me answering all of my questions, and even welcoming me into their homes. We clicked instantly, and I knew I had found my people.
Dajana Alku, MD

**Hometown:** Brooklyn, New York  
**Medical school:** NYU Grossman Long Island School of Medicine  
**Areas of interest:** Family planning, global women’s health, and medical education  
**Hobbies:** Going on walks and runs, reading novels, cooking, traveling, and listening to podcasts  
**Why I chose NYU Langone:** All the amazing people at this program and being close to home.

Katherine French, MD

**Hometown:** Westport, Connecticut  
**Medical school:** New York Medical College  
**Areas of interest:** Family planning, general obstetrics and gynecology, and minimally invasive gynecologic surgery  
**Hobbies:** Visiting art museums and galleries (I’m a former art historian and gallerist), exploring different neighborhoods in and around New York City, and discovering new restaurants and learning about different cultures through food  
**Why I chose NYU Langone:** I chose this program because I wanted to complete my residency at a program that offers not only diverse opportunities in all obstetric and gynecologic subspecialties, but also boasts an incredible community of residents and faculty that are so supportive of my learning process and growth as a physician.

Sebastian Geraci, MD

**Hometown:** Bayside, New York  
**Medical school:** NYIT College of Osteopathic Medicine  
**Areas of interest:** Reproductive endocrinology and infertility, LGBTQ+ healthcare, and general obstetrics and gynecology  
**Hobbies:** Hiking, travel, going to the beach, skiing, and knitting  
**Why I chose NYU Langone:** I chose this school because of the wealth of training opportunities, access to diverse interests and research within obstetrics and gynecology, and the camaraderie amongst colleagues.
Shanelle Mason, MD

**Hometown:** Merrick, New York  
**Medical school:** CUNY Medical School  
**Areas of interest:** General obstetrics and gynecology, hospitalist, minimally invasive gynecological surgery  
**Hobbies:** Traveling, cooking, sewing, and exploring vineyards.  
**Why I chose NYU Langone:** Excellent learning environment with supportive team members, diverse patient population, and geographically close to family and friends.

Erin Miller, MD

**Hometown:** West Chester, Pennsylvania  
**Medical school:** NYU Grossman Long Island School of Medicine  
**Areas of interest:** Intersection of female reproductive health and public health, and reproductive justice  
**Hobbies:** I love physical activity whether it be lifting, hiking, bike riding, or skiing in the winter. I’m very social so I mostly enjoy doing those activities with others.  
**Why I chose NYU Langone:** I chose this school for the breadth of surgical and clinical experiences in a place where the staff, residents, and attending educators are supportive and engaging. We provide the best training by offering a high volume of cases at every level of residency while maintaining a positive working environment.
Dzifa Alifo, MD

Hometown: Chestnut Ridge, New York
Medical school: Renaissance School of Medicine at Stony Brook University
Areas of interest: General OBGYN, health disparities
Hobbies: Tennis, dance, reading, puzzles
Why I chose NYU Langone: I chose NYU LI because of the people. During my interview experience, I truly felt like there was a strong sense of community among the residents. I knew that coming here I would have the benefit of being close to my friends and family while also having a second family here at the program.

Carly Alterman, MD

Hometown: South Salem, New York
Medical school: NYU Grossman Long Island School of Medicine
Areas of interest: Pediatric and adolescent gynecology, healthcare policy, and addressing healthcare disparities for patients with disabilities
Hobbies: Cooking, traveling with friends, and spending time in the sun!
Why I chose NYU Langone: The residents and the patient volume.

Amberly Lao, MD

Hometown: Wallingford, Connecticut
Medical school: University of Vermont
Areas of interest: General obstetrics and gynecology, maternal fetal medicine
Hobbies: Biking, skiing, spending time outside, trying new restaurants
Why I chose NYU Langone: After I did my sub-I here, I knew I wanted to be part of a program where the residents and faculty all support one another and want each other to succeed. The days are long and can sometimes get crazy but its great to be at a place where everyone works as a team to care for our patients. There is a large volume of patients from all walks of life and there is great exposure to all the subspecialities. I feel confident that I will have the skills and knowledge to do whatever I want after I graduate from this program.
PGY-1
Class of 2027

Ioanna Katehis, MD, MPH

Hometown: Astoria, New York
Medical school: CUNY School of Medicine
Areas of interest: Maternal-fetal medicine, reproductive endocrinology and infertility, American College of Obstetricians and Gynecologists involvement, and the public health realm of women’s health
Hobbies: Travel, dance (I’m a former Greek traditional dancer), volleyball, pilates, and quality time with family, friends, and my dog
Why I chose NYU Langone: I chose this residency program due to the plethora of obstetrical and gynecologic cases, abundant exposure to all the Ob/Gyn subspecialties, and the academic and research opportunities it offers, all while being close to home and creating relationships that will last a lifetime!

Sim Berlene Mariano, MD

Hometown: Born in the Philippines, grew up in High Bridge, New Jersey
Medical school: Rutgers-Robert Wood Johnson Medical School
Areas of interest: Gyn surgery
Hobbies: Visiting art museums, being a retired starbucks barista
Why I chose NYU Langone: NYU-LISOM has close-knit, community hospital vibes with extensive exposure to all the sub-specialties and dedication to resident education.

Hailey Selikoff, MD

Hometown: Birmingham, Alabama
Medical school: University of South Alabama College of Medicine
Areas of interest: Everything right now! I would love to specifically work with the LGBTQ+ population in practice
Hobbies: Playing piano/guitar, listening to podcasts, watching The Bachelor, going on long walks, laughing with friends
Why I chose NYU Langone: The people and the training! The residents are so close, and I definitely saw how it’s an extension of family when doing my sub-I here. Each subdivision of Ob/Gyn is so well established, and I knew I’d be receiving the education I needed to be a generalist or sub specialize in whatever I choose.